


# EMERGENCY FOOD PANTRIES

 = Shopping Style food pantry

## North/Northeast Salem


**Good Samaritan Pantry @ Community of Christ Church**  
4570 Center St NE  
503-378-0633

 Thurs  
4:30 - 6pm


**Jason Lee United Methodist**  
820 Jefferson St NE  
503-362-9885

Mon, Tue, Wed, Fri  
9 - 11:30am

**Mano-a-Mano**  
3850 Portland Rd NE  
503-363-1895

 Tue, Wed & Thurs.  
1 - 5:45pm

**New Hope Foursquare Church**  
4963 Swegle Road NE  
503-370-8886

 3<sup>rd</sup> & 4<sup>th</sup> Sun  
2-5pm


**New Harvest Church**  
4290 Portland Rd NE  
503-763-6911

3rd Sat  
9 - 11am


**Pauline Memorial AME Zion**  
3593 Sunnyview Rd NE  
503-399-0130

Produce only on  
2<sup>nd</sup> & 4<sup>th</sup> Fri.  
12:30pm-2:30pm  
Full Pantry Tues.  
10:30am - 1:30pm  
1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Mon  
9am-11am


**Peoples Church**  
4500 Lancaster Dr NE  
503-304-4000

 4th Sat Shopping,  
10-11:30am


**Precious Children @ Salem Evangelical**  
455 Locust St N  
503-581-0102

 First & Last 2 Thurs.  
10am- Noon

**The Salvation Army**  
1977 Front St NE  
503-585-6688

 Mon-Fri  
9am - Noon


**Seventh Day Adventist Community Center**  
1860 Summer St NE  
503-363-8893

 Mon, Tues  
10am - Noon  
*Closed all July*

**Spanish Seventh Day Adventist**  
4625 Cordon Rd NE  
503-856-9700

 Wed.  
6-8pm

**St Vincent DePaul Society**  
3745 Portland Rd NE  
503-364-5672

 Mon, Tue, Wed, Fri  
10am- 1:45pm  
Thurs 11am-1:45 pm

**Solid Rock Community Church**  
3535 Ward Dr NE  
503-393-9739

2nd Sat  
9 - 10:30am

## South/Southeast Salem


**Lee's Place, Capital Park Wesleyan**  
425 20th St SE  
971-599-8729

Thurs 10am- 1pm

**Mano-a-Mano**  
2921 Saddle Club Rd SE, Ste. 9  
503-315-2290

Tue, Wed, Thurs  
1 - 4:45pm

**Table of Plenty @ Queen of Peace Catholic Church**  
4227 Lone Oak Rd SE  
503-364-7202

 Thurs 4:30 - 7pm


**New Life Community Church (At Bush Elementary School)**  
410 14th St SE  
503-363-5771

4th Sat  
10:30am - 12:30pm

**Mission of Hope/Silver Creek Fellowship @ Houck M.S.**  
1155 Connecticut SE  
503-873-7353

Last Saturday  
10am-12pm

**Trinity United Methodist**  
590 Elma Ave SE  
503-585-8851

 Mon, Wed, Fri  
(closed 1<sup>st</sup> week of each month)  
1-3:30pm

## West Salem

**Kingwood Bible Church**  
1125 Elm Ave NW  
503-399-9600

1st & 3rd Sat  
10am - noon


**Life Essentials @ Life Church**  
255 College Drive NW  
503-362-0362

4th Sat, 10am-12pm  
2<sup>nd</sup> Thursday 7-8pm

**Shared Blessing @ Family Life church**  
1675 Wallace Rd NW  
503-364-0002

Mon & Wed  
9 - 11:45am

**West Salem United Methodist\*\***  
1219 3rd St NW  
503-363-3035

 Mon, Wed  
1 - 3pm

## Keizer

**Keizer Community Food Bank @ Faith Lutheran Church**  
4505 River Rd N  
503-871-9100

Mon, 6 - 7:30pm  
Thurs, 9:30 - 11am

## Rural Marion County


**Brooks Assembly of God**  
9165 Portland Rd NE, Salem  
503-393-2155

1st & 3rd Tues.  
10am-Noon

**Sacred Heart Food Bank**  
680 Elm St, Gervais  
503-792-4231

1st & 3rd Wed  
1 - 4 pm


**Mission Benedict**  
925 S Main St, Mt Angel  
503-845-2468

 Fri 1 - 4pm

**Mt Angel Community Center**  
195 E Charles St  
503-845-6998

Tues - Thurs  
9:30 - 11:30 am

**Silverton Area Community Aid**  
421 Water St  
503-873-3446

 Mon, Tue Wed, Fri  
9am - Noon  
Tue 5 - 7pm

**Mission of Hope, Silver Creek Fellowship**  
822 Industry Way, Silverton  
503-873-7353

 Wed. 2-5pm, shopping  
3rd Saturday  
10am-12pm

**Joseph's Storehouse of Hope**  
Mehama- Mari Linn School  
Detroit/Idanha-Detroit Community Church  
503-881-9846

Mehama: 3rd Sat  
11am-1pm  
Detroit: 2nd to last Fri  
11am-1pm

**Mill City, Gates Community Center**  
284 SW Cedar St, Mill City  
503-897-4904

Tues, 10am - Noon  
Thurs, 6 - 8pm

**Stayton Community Food Bank**  
155 2nd St  
503-769-4088

Mon. - Fri.  
9am - Noon


**Turner Christian Food Bank**  
7871 Marion Rd SE  
503-743-2119

Monday  
9 - 11:30am

**Marion Friends Church**  
5997 Stayton Rd SE, Turner  
503)769-7915

1st & 3rd Mon.  
9 - 11am


**Aumsville Food Pantry—NEW!**  
10153 Mill Creek Rd SE  
(541)680-7018

 Thursday 9-11:30am,  
and 3-5pm

**Scotts Mills Community Center**  
298 4th St

Tues  
9 - 11am

**St Luke's Conference SVDP**  
417 Harrison St, Woodburn  
503-981-5011

 2<sup>nd</sup> & 4<sup>th</sup> Thurs.  
5-7pm

**Woodburn Family Learning Center**  
1440 Newberg Highway  
503-981-1309

Mon, Wed, Thurs, Fri  
9am-12pm &  
1:30-3pm

**Woodburn Spanish Seventh Day Adventist Church**  
782 Willow Ave  
503-550-0445

Wednesday  
6-8 pm


**AWARE Food Bank**  
152 Arthur St, Woodburn  
503-981-5828

Mon-Fri 9am-Noon

**Polk County Dallas Emergency Food Corp**  
322 Main St, Suite 180  
503-623-3578

Mon-Fri  
9-11:30am

**Dallas Seventh Day Adventist**  
589 SW Birch St  
503-623-5872/503-838-1743

 Wed  
10am-1pm


**Falls City Seventh Day Adventist**  
205 N Main St  
503-787-3907 or 503-787-3814

1st Tues 4-6pm  
3<sup>rd</sup> Wed 12- 4pm

**Iskam Mek h Mek Haws food pantry**  
9675 Grand Ronde Rd  
503-879-3663

 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> Fri,  
9am-1pm  
2<sup>nd</sup> Sat, 10am -2pm  
4<sup>th</sup> Wed, 2 - 6pm

**Ella Curran Food Bank**  
870 N Main St, Independence  
503-871-9282

 Mon, Tues, Thurs.  
9-11:30am  
Tues 4:30-6:30pm

For food assistance referrals outside of Marion and Polk counties, call Oregon Food Bank at 1-800-777-7427 or visit [www.oregonfoodbank.org](http://www.oregonfoodbank.org)

**After Hours Boxes** - A 2-day emergency box of food can be obtained at your local DHS office or by calling **NW Crisis & Information Hotline** (24hrs, 7days week) 503-581-5535 or **Salem House of Prayer** (8am-8pm 7 days) 503-589-9176

## Free Public Meals

### Salem & Keizer

**ARCHES** –meals for homeless  
1164 Madison St NE, Salem, 503-399-9080  
Daily Breakfast 8:30am  
Daily Lunch 11:30am

### Union Gospel Mission

345 Commercial St NE, Salem, 503-362-3983  
Daily Breakfast 6:30am  
Daily Lunch 12:15pm  
Daily Dinner 6pm

### The Salvation Army Lodge

1901 Front St NE, Salem, 503-585-6688  
Daily Lunch 12 - 1pm

### City Vibe – meals for homeless at West Salem

United Methodist Church  
1219 3rd St NW  
Friday 6 – 7:30pm

### South Salem Friends Church

1140 Baxter Rd SE, Salem, 503-364-7476  
Tuesday 5:30 - 7pm

### SE Neighborhood Community Center

410 19th ST SE, Salem, 503-362-6626  
Wednesday 5:30-7pm

### Keizer Community Dinner, St. Edward's Catholic Church

5303 River Rd N, Keizer, 503-393-5323  
4th Wed of each month, 5-7pm

### Polk County

#### James 2 Community Kitchen

St. Phillips Catholic Church  
825 SW Mill Street, Dallas  
Tuesday 4:30 – 6pm

#### Dallas Methodist Church

565 LaCreole Dr, Dallas  
Thursday 4:30–6pm  
Saturday 11am-1pm

#### Falls City United Methodist Church

257 Main St., Falls City  
2nd, 3rd & 4th Tuesday 5-7pm

### Rural Marion County

#### First Christian Church

402 N First St, Silverton, 503-873-6620  
Wednesday 5 – 7pm

#### Woodburn SDA

782 Willow Ave, Woodburn  
Saturday Noon - 3:00 pm

If you go to a pantry to get food, please keep these things in mind:

#### ***Do you qualify for food?***

You are eligible for a food box if you meet the income guidelines shown below or if you currently receive: SNAP, WIC, TANF (Temporary Assistance for Needy Families), Free & Reduced Lunch Program, SSDI (Social Security Disability Income), SSI (Supplemental Security Income), and LIHEAP (Low Income Home Energy Assistance Program).

#### **USDA Commodity Income Eligibility Guidelines 2017 (to be eligible to receive a food box)**

Household Size	Monthly	Annual
1.....	\$ 1,860 .....	\$22,311
2.....	\$ 2,504 .....	\$30,044
3.....	\$ 3,149 .....	\$37,777
4.....	\$ 3,793 .....	\$45,510
5.....	\$ 4,437 .....	\$53,243
6.....	\$ 5,082.....	\$60,976
7.....	\$ 5,726 .....	\$68,709
8* .....	\$ 6,371 .....	\$76,442

If you do not meet these guidelines, let the pantry know; some are happy to provide some food anyway.

#### ***What should you bring to a food pantry?***

A piece of mail or ID to help read your name and address more easily and to verify you live in the area they serve. You do not have to show any ID or proof of income to receive food.

#### ***What does a food pantry collect from you?***

A food pantry only has to collect your name, address, and number of people in your household. Any additional info is optional, but not required to get food

#### ***How often can I get food?***

Most pantries request that you come for food only one time per month. Ask a pantry what their policy is.

#### ***What and how much do you get in a food box?***

Typically you will receive a variety of fresh, frozen, dried, and canned foods. These could include fruits, vegetables, meat, dairy, and boxed mixes. Food items vary each month and generally supply a minimum of 3-5 days worth of food.


*Questions or concerns please call Marion-Polk Food Share at 503-581-3855 and ask for Agency Relations.*

### **Meals on Wheels of Salem Keizer**

- ◆ requirements for home delivered meals: 50 or older, homebound or disabled
- ◆ delivery is Monday thru Friday between 11:30am -1:00pm
- ◆ Multiple options available to pay for meals, including assistance programs
- ◆ For questions or to sign-up call 503-364-7570

*For Meals on Wheels outside of Salem-Keizer please call 1-800-469-8772*

Marion-Polk Food Share  
1660 Salem Industrial Drive NE  
Salem, OR 97301  
503-581-3855  
www.marionpolkfoodshare.org



## Food Assistance Guide

### Marion & Polk Counties

A list of emergency food pantries and meal sites.

Updated: May 2017

**In a tight spot and struggle to put food on the table? SNAP Benefits could be your answer.**



**Have you had to choose between buying food, paying bills, or getting medication? Call 2-1-1 for information on signing up for SNAP (formerly called Food Stamps), WIC (Women Infants and Children), and many other types of help for Emergency Needs, Health Concerns, Food, Housing, and Other Resources.**

*The agencies listed in this guide are part of the Marion-Polk Food Share network of contracted emergency food distribution partners. Marion-Polk Food Share and all the agencies listed are USDA agencies and are equal opportunity providers and employers.*