







# Center 50+ Dining February 2018



Lunches purchased with the ticket program are not to be taken to go—the funding program requires they be eaten in-house. Talk with Julia or Mel (upstairs in the MOW office\_ if you have any questions.

Weeks	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> Feb 1-2				House Salad Swedish Meatballs Egg Noodles Brussel Sprouts Mixed Veg Dinner Roll/Fruit Salad	Confetti Salad Baked Fish or Chicken Baby Reds Peas & Carrots Mixed Veg Biscuit Angel Food Cake
<b>Week 2</b> Feb 5-9	Peas & Cheese Cheese Ravioli Italian Veg Mixed Veg Sourdough Bread Pudding	Three Bean Salad Chicken Casserole Broccoli Mixed Veg Dinner Roll Apple Crisp	House Salad Herb Roasted Chicken Mashed Potatoes Green Beans Mixed Veg Dinner Roll Pears	House Salad Meatloaf Mashed Potatoes Green Beans Mixed Veg Dinner Roll Pineapple Cake	Corn & Tomato Salad Chili Con Carne Brown Rice Peas & Carrots Corn Bread Jell-O
<b>Week 3</b> Feb 12-16	Beet Salad Beef Stroganoff Broccoli Sourdough Bread Pudding	Mexi-Slaw Chicken Enchiladas Brown Rice Chuck Wagon Corn Mixed Veg Chips & Salsa Pears	House Salad Salisbury Steak Mashed Potatoes Brussel Sprouts Mixed Veg Dinner Roll Pears	Asian Slaw Chicken Stir-Fry Brown Rice Sugar Snap Peas Spring Roll Mandarin oranges Fortune Cookie	Caesar Salad Lasagna Broccoli Mixed Veg Sourdough Bread Birthday Cake
<b>Week 4</b> Feb 19-23	President's Day 	Confetti Salad Chicken Casserole Green Beans Mixed Veg Sourdough Bread Pudding	Peas & Cheese Swedish Meatballs Egg Noodles Brussel Sprouts Mixed Veg Sourdough Bread Brownies	House Salad Herb Roasted Chicken Mashed Potatoes Green Beans Mixed Veg Dinner Roll Pears	Coleslaw Baked Fish or Chicken Tater Tots Chuck Wagon Corn Mixed Veg Biscuit Jell-O
<b>Week 5</b> Feb 26-28	Three Bean Salad Chicken Parmesan Egg Noodle Italian Veg Mixed Veg Sourdough Bread Fruit Salad	House Salad Roasted Pork or Chicken Mashed Potatoes Green Beans Mixed Veg Dinner Roll Brownies	Mexi-Slaw Chicken Enchiladas Spanish Rice Chuck Wagon Corn Mixed Veg Chips & Salsa Pears		



Meals on Wheels Office 503-364-2856