

# Center South Salem Senior Center April 2018



Lunches purchased with the ticket program are not to be taken to go—the funding program requires they be eaten in-house. Talk with Julia or Mel (upstairs in the MOW office\_ if you have any questions.

Weeks	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> April 2-6	Spring Green Mix Chicken Salad Carrots Cucumbers Tomatoes Wheat Bread Pears	Beet Salad Swedish Meatballs Egg Noodles Brussel Sprouts Dinner Roll Angel Food Cake	Asian Slaw Chicken Stir Fry Yakisoba Noodles Sugar Snap Peas Oranges Fortune Cookie	Coleslaw BBQ Chicken Baked Beans Broccoli Dinner Roll Apple Berry Crisp	Cesar Salad Lasagna Italian Vegetables Sourdough Bread Jell-O
<b>Week 2</b> April 9-13	Three Bean Salad Chicken Casserole Italian Vegetables Rosemary Bread Pudding	Mexi-Slaw Chicken Enchiladas Broccoli Chips & Salsa Fruit Salad	House Salad Meatloaf Mashed Potatoes Green Beans Dinner Roll Peach Cobbler	Beet Salad Herb Roasted Chicken Brown Rice Peas & Carrots Dinner Roll Brownie	Peas & Cheese Baked Fish Tater Tots Brussel Sprouts Dinner Roll Jell-O
<b>Week 3</b> April 16-20	Confetti Salad Beef Stroganoff Italian Vegetables Sourdough Bread Pudding	Coleslaw BBQ Chicken Baked Beans Peas & Carrots Biscuit Pears	Carrot Raisin Salad Swedish Meatballs Egg Noodles Broccoli Dinner Roll	Asian Slaw Chicken Stir-Fry Yakisoba Noodles Sugar Snap Peas Oranges Fortune Cookie	Beet Salad Chile Con Carne Brown Rice Green Beans Cornbread Birthday Cake
<b>Week 4</b> April 23-27	Spring Green Mix Chicken Salad Carrots Cucumbers Tomatoes Wheat Bread Pears	Mexi-Slaw Chicken Enchiladas Broccoli Chips & Salsa Angel Food Cake	Beet Salad Herb Roasted Chicken Brown Rice Peas & Carrots Dinner Roll Table Grapes	House Salad Meatloaf Mashed Potatoes Green Beans Dinner Roll Brownie	Peas & Cheese Baked Fish Tater Tots Brussel Sprouts Dinner Roll Jell-)
<b>Week 5</b> April 30th	Three Bean Salad Chicken Casserole Italian Vegetables Rosemary Bread Pudding				



Meals on Wheels Office 503-364-2856