





Center 50+ Dining Room May 2018

Lunches purchased with the ticket program are not to be taken to go—the funding program requires they be eaten in-house. Talk with Julia or Mel (upstairs in the MOW office_ if you have any questions.

Weeks	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 May 1-4 		House Salad Roasted Pork or Chicken Mashed Potato Brussel Sprouts Dinner Roll Brownie	Beet Salad Swedish Meatballs Egg Noodles Broccoli Dinner Roll Fruit Salad	Asian Slaw Chicken Stir-Fry Yakisoba noodles Sugar Snap Peas Oranges Fortune Cookie	Cole Slaw BBQ Chicken Baked Beans Chuck Wagon Corn Biscuit Jell-O
Week 2 May 7-11	Confetti Salad Cheese Ravioli Italian Vegetables Sourdough Bread Pudding	Mexi-Slaw Chicken Enchiladas Peas & Carrots Chips & Salsa Pears	House Salad Salisbury Steak Mashed Potato Brussel Sprouts Dinner Roll Angel Food Cake	Peas & Cheese Herb Roasted Chicken Red Potatoes Green Beans Rosemary Bread Tropical Fruit	Corn & Tomato Salad Baked Fish or Chicken Tater Tots Broccoli Dinner Roll Jell-O
Week 3 May 14-18	Beet Salad Beef Stroganoff Italian Vegetables Sourdough Bread Pudding	Asian Slaw Chicken Stir-Fry Yakisoba Noodles Sugar Snap Peas Oranges Fortune Cookie	Carrot Raisin Salad Chili Con Carne Brown Rice Broccoli Corn Bread Apple Crisp	Cole Slaw BBQ Chicken Baked Beans Peas & Carrots Biscuit Pears	Caesar Salad Lasagna Italian Vegetables Sourdough Bread Birthday Cake
Week 4 May 21-25	Three Bean Salad Chicken Casserole Green Beans Rosemary Bread Pudding	House Salad Meatloaf Mashed Potatoes Peas & Carrots Dinner Roll Brownies	Peas & Carrots Herb Roasted chicken Red Potatoes Brussel Sprouts Dinner Roll Tropical Fruit	Confetti Salad Penne w/ Meat Sauce Italian Vegetables Rosemary Bread Grapes	Coleslaw Baked Fish & Chicken Tater Tots Peas & Carrots Dinner
Week 5 May 28-31	MEMORIAL DAY	Spring Greens Chicken Salad Cucumbers Tomatoes Wheat Bread Pears	Beet Salad Swedish Meatballs Egg Noodles Peas & Carrots Dinner Roll Peach Cobbler	Asian Slaw Chicken Stir-Fry Yakisoba Noodles Sugar Snap Peas Oranges Fortune Cookie	



Meals on Wheels Office 503-364-2856