



Since 1987, MPFS has been "leading the fight to end hunger because no one should be hungry."

**ISKAM MƏKHMEK-HAWS**  
**"House Where You Get Food"**  
 Francene Ambrose, Coordinator  
 503-879-FOOD (3663)  
 9675 Grand Ronde Road  
 Grand Ronde, OR 97347  
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**PROVIDING FOOD BOXES**  
 Income guidelines apply. If you receive SNAP, TANF, SSI, or LIHEAP you qualify. Income guidelines are based on monthly or yearly income. No one will be turned away in need of food.

**GIVE FUNDS, FOOD, or TIME**  
 It takes a community to fight hunger. Your gift of time, talent, food and funds means so much to those who are struggling. Your support will stay right here.

Marion-Polk Food share is leading the fight to end hunger... Because no one should be hungry. We believe that everyone deserves to have enough to eat. Emergency food boxes are available through Iskam MəkhMək-Haws (House Where You Get Food). You are welcome to get a food box at each of our regular weekly distributions. No one will be turned away in need of a food box.

You can sign up to be on our monthly email list for our calendar and events. Please call or email Francene to be added today. Follow us on Facebook.

# January - Volunteer 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Food Truck 9:30am	2 Safeway 10am	3 Agency Shop 12pm Unload 3:30pm	4 Safeway 10am <b>Food Distribution 9am-1pm</b>	5
6 Winco 9am	7 Safeway 10am Inventory 10am Warehouse Cleaning 10am	8 Food Truck 9:30am	9 Safeway 10am	10 Agency Shop 12pm Unload 3:30pm	11 Safeway 10am	12 <b>Food Distribution &amp; SOS Drive 10am-2pm</b>
13 Winco 9am	14 Safeway 10am Volunteer Meeting & Potluck 12pm	15 Food Truck 9:30am	16 Safeway 10am Link2Feed Training at Adult Ed. 10am	17 Agency Shop 12pm Unload 3:30pm	18 Safeway 10am <b>Food Distribution 9am-1pm</b>	19
20 Winco 9am	21 Safeway 10am Martin Luther King Jr. Holiday <b>Closed</b>	22 Food Truck 9:30am Agency Shop 12pm Unload 3:30pm	23 Safeway 10am <b>Food Distribution 2pm-6pm</b>	24	25 Safeway 10am	26
27 Winco 9am	28 Safeway 10am	29 Food Truck 9:30am	30 Safeway 10am	31 Agency Shop 12pm Unload 3:30pm		

**You must be checked in 15 minutes before closing to get a box.**  
 This institution is an equal opportunity provider.