

Meals on Wheels June 2019 South Salem Dining Room

<u>Weeks</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Week 1</u> June 3-7	Three Bean Salad Cheeses Ravioli Italian Veg Rosemary Bread Pudding	Mexi- Slaw Chicken Enchiladas Broccoli Chips & Salsa Pears	House Salad Salisbury Steak Mashed Potato Green Beans Dinner Roll Brownie	Potato Salad BBQ Chicken, Baked Beans Peas & Carrots Dinner Roll Mixed Fruit	Cole Slaw Baked Fish or Chicken Tater Tots Brussel Sprouts Dinner Roll Jell-O
<u>Week 2</u> June 10-14	Confetti Salad Chicken Casserole Brussel Sprouts Rosemary Bread Pudding	Caesar Salad Spaghetti w/Meat Sauce Italian Veg Sourdough Bread Grapes	Asian Slaw Chicken Stir-Fry Yakisoba Noodles Sugar Snap Peas Oranges Fortune Cookie	House Salad Herb Roasted Chicken Mash Potatoes Broccoli Dinner Roll Pears	Beet Salad Chile Con Turkey Brown Rice Peas & Carrots Cornbread Mixed Fruit
<u>Week 3</u> June 17-21	Spring Greens Chicken Salad Carrots, Cucumber Tomatoes Dinner Roll Pudding	Beet Salad Swedish Meatballs Egg Noodles Peas & Carrots Dinner Roll Mixed Fruit	Confetti Salad Sloppy Joe, Tater Tots Hamburger Bun Peas & Carrots Brownie	Potato Salad BBQ Chicken Baked Beans Broccoli, Dinner Roll Watermelon	Coleslaw Salmon Cake or Chicken Rice Pilaf Brussel Sprouts Dinner Roll Birthday Cake
<u>Week 4</u> June 24-28	Beet Salad Beef Stroganoff Brussel Sprouts Rosemary Bread Pudding	Mexi Slaw Chicken Enchiladas Broccoli Chips & Salsa Pears	Confetti Salad Chicken Casserole Brussel Sprouts Rosemary Bread Angel Food Cake	Asian Slaw Chicken Stir-Fry Yakisoba Noodles Sugar Snap Peas Oranges Fortune Cookie	Caesar Salad Lasagna Italian Veg Sourdough Bread Grapes