

Meals on Wheels May 2019 South Salem Dining Room

<u>Weeks</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Week 1 1-3			Beet Salad Swedish Meatballs Egg Noodle Broccoli Dinner Roll Fruit Salad	Asian Slaw Chicken Stir-Fry Yakisoba Noodles Sugar Snap Peas Oranges	Cole Slaw BBQ Chicken Baked Beans Chuck Wagon Corn Dinner Roll Jell-O
Week 2 6-10	Confetti Salad Cheese Ravioli Italian Veg Sourdough Bread Pudding	Mexi Slaw Chicken Enchiladas Peas & Carrots Chips & Salsa Pears	Peas & Cheese Sloppy Joes Tater Tots Mixed veg Hamburger Bun Brownie	House Salad Herb Roasted Chicken Red Potatoes Green Beans Rosemary Bread Tropical Fruit	Corn & Tomato Salad Baked Fish Tater Tots Broccoli Dinner Roll Jell-O
Week 3 13-17	Spring Greens Chicken Salad Carrots Cucumbers Tomatoes Dinner Roll	Beet Salad Beef Stroganoff Italian Veg Sourdough Bread Pudding	Carrot Raisin Salad Chili Ala Turkey Brown Rice Broccoli Corn Bread Apple Crisp	Cole Slaw BBQ Chicken Baked Beans Peas & Carrots Biscuit Pears	Caesar Salad Lasagna Italian Veg Sourdough Bread Birthday Cake
Week 4 20-24	Three Bean Salad Chicken Casserole Green Beans Rosemary Bread Pudding	House Salad Salisbury Steak Mashed Potatoes Peas & Carrots Dinner Roll Brownies	Peas & Cheese Herb Roasted Chicken Red Potatoes Brussel Sprouts Dinner Roll Tropical Fruit	Confetti Salad Spaghetti W/ Meat Sauce Italian Veg Rosemary Bread Grapes	Coleslaw Salmon Cake Brown Rice Broccoli, Dinner Roll Angel Food Cake Angel Food Cake
Week 5 28-31	CLOSED FOR MEMORIAL DAY 	Spring Greens Chicken Salad Carrots, Cucumbers Tomatoes Dinner Roll Pears	Beet Salad Swedish Meatballs Egg Noodles Peas & Carrots Dinner Roll Peach Cobbler	Asian Slaw Chicken Stir-Fry Yakisoba Noodles Sugar Snap Peas Oranges Fortune Cookie	Coleslaw Baked Fish Tater Tots Peas & Carrots Dinner Roll Jell-O