

North/Northeast Salem

St Vincent DePaul Society
3745 Portland Rd NE
503-364-5672  Mon-Fri
10am- 1:00pm


**Good Samaritan Pantry @
Community of Christ Church**
4570 Center St NE
503-378-0633  Wed
4:30 - 6pm

Jason Lee Food Pantry
820 Jefferson St NE
503-362-9885 Mon, Wed, Fri
9 - 11:30am


Mano-a-Mano
3850 Portland Rd NE
503-363-1895  Tue 3- 5pm
Wed & Thurs
1 - 5:15pm


New Hope Foursquare Church
4963 Swegle Road NE
503-370-8886  Last 2 Sundays
2-4pm


New Harvest Church
4290 Portland Rd NE
503-763-6911  3rd Sat
9 - 11am

Pauline Memorial AME Zion
3593 Sunnyview Rd NE
503-399-0130  Full Pantry Tues.
10:30am - 1:30pm
Produce only on
2nd & 4th Fri
12:30pm-1:30pm

Peoples Church
4500 Lancaster Dr NE
503-304-4000  1st, 2nd & 3rd Mon
9am-10:30am
4th Sat
10-11:30am

**Precious Children @
Salem Evangelical**
455 Locust St N
503-581-0102  1st & 3rd Thurs
10am-11:30am

The Salvation Army
1977 Front St NE
503-585-6688  Mon-Fri
9am - Noon

**Seventh Day Adventist
Community Center**
1860 Summer St NE
503-363-8893  Mon & Tues
10am - Noon
Closed in July


Spanish Seventh Day Adventist
4625 Cordon Rd NE
503-856-9700  Wed
6:30-8:30pm


FOOD PANTRIES in Marion and Polk Counties

Keizer

**Keizer Community Food Bank
@ Faith Lutheran Church**
4505 River Rd N
503-931-7612  Mon
6 - 7:30pm
Thurs
9:30 - 11am


South/Southeast Salem


Capital Park Food Pantry  2nd & 4th Wed
410 19th St SE (Enter at back of church)
503-362-6626 5 - 7pm

Mano-a-Mano
2921 Saddle Club Rd SE, Ste. 9
503-315-2290  Tue, Wed, Thurs
1 - 4:45pm

**Table of Plenty @
Queen of Peace Catholic Church**
4227 Lone Oak Rd SE
503-364-7202  Thurs 4:30 - 7pm

**New Life Community Church
@ Bush Elementary School**
410 14th St SE
503-363-5771  4th Sat
10:00am - 12:00pm

**Mission of Hope, Silver Creek
Fellowship @ Houck M.S.**
1155 Connecticut SE
503-873-7353  Last Saturday
10am-12pm

**Lord's Cupboard @
Trinity United Methodist**
590 Elma Ave SE
503-585-8851  Mon, Wed, Fri
1-3:30pm
closed 1st week of each
month

West Salem

Kingwood Bible Church
1125 Elm Ave NW
503-399-9600  1st Sat
10am - noon


Life Essentials @ Life Church
255 College Drive NW
503-362-0362  2nd Thursday
7-8pm
2nd & 4th Saturday
10am—noon

**Shared Blessing @ Family Life
Church** 1675 Wallace Rd NW
503-364-0002  Wed
8:30am-noon

West Salem United Methodist
1219 3rd St NW
503-363-3035  Mon & Wed
1 - 3pm

**Days and hours of distribution are subject to change after
time of publication**

Rural Marion County


Life Spring Church
9165 Portland Rd NE, Salem
503-393-2155  Tues 10am-Noon

Sacred Heart Food Bank
680 Elm St, Gervais
503-792-4231  1st & 3rd Wed
1 - 4pm


Mission Benedict
925 S Main St, Mt Angel
503-845-2468  Wed & Fri
1 - 4pm


Mt. Angel Community Center
195 E Charles St, Mt Angel
503-845-6998  Tues - Thurs
9:30 - 11:30 am

Silverton Area Community Aid
421 Water St, Silverton
503-873-3446  Mon, Tue, Thurs, &
Fri 9am - Noon
Tue 6- 8pm


**Mission of Hope, Silver Creek
Fellowship**
822 Industry Way, Silverton
503-873-7353  Wed. 2-5pm
3rd Saturday
10am-12pm

**Joseph's Storehouse of Hope
Mehama @ Mari Linn School**
641 5th St, Lyons
503-881-9846  3rd Sat
11am—1pm

**Mill City / Gates Community
Center**
284 SW Cedar St, Mill City
503-897-4904  Tues 10am - Noon
Thurs 6 - 8pm

**Stayton Community Food
Bank**
1210 Wilco Rd, Stayton
503-769-4088  Mon. - Fri.
9am - Noon


Turner Christian Food Bank
7871 Marion Rd SE, Turner
503-743-2119  Monday
9 - 11:30am


Marion Friends Church
5997 Stayton Rd SE, Turner
503-769-7915  1st & 3rd Mon
9 - 11am
2nd & 4th Mon
10am-Noon



= Shopping Style food pantry


Updated 12/2019


**Idanha/Detroit Community
Food Pantry**  Friday
10:00 am—Noon
397 Church St, Idanha
503-854-3455


**Aumsville—Mama's
Community Market**  Mon
3-8pm
10153 Mill Creek Rd SE, Aumsville
541-680-7018 Thurs
12-5pm

Scotts Mills Community Center
298 4th St, Scotts Mills
Tues
9 - 11am


St Luke's SVDP Food Bank
417 Harrison St, Woodburn
971-338-1074  2nd & 4th Thurs
5-7pm

AWARE Food Bank
152 Arthur St, Woodburn
503-981-5828  Mon-Fri
9am-Noon


**Woodburn Spanish Seventh Day
Adventist Church**
782 Willow Ave, Woodburn
503-550-0445  Wednesday
5:30-7:30 pm

**Polk County
Dallas Food Bank**
322 Main St, Suite 180, Dallas
503-623-3578  Mon-Fri
9am-11:00am

Dallas Seventh Day Adventist
589 SW Birch St, Dallas
503-623-5872/503-838-1743  Wed
10am-1pm

**Falls City Seventh Day
Adventist Pantry**  3rd Wed
12pm-4pm
205 N Main St, Falls City
503-787-3907 or 503-787-3814

Ella Curran Food Bank
854 N Main St, Independence
503-917-1681  Mon, Tues, Thurs
9-11:30am
Tuesday 4-6pm

Iskam Mek h Mek Haws
9675 Grand Ronde Rd, Grand Ronde
503-879-3663  1st Sat
10am-2pm
2nd, 4th, & 5th
Fri 9am-2pm
Wed 2 - 6pm
(Check Facebook page for day of
Wed distribution)

After Hours Boxes – A 2-day emergency box of food can be obtained at your local DHS office. Call or visit your local agency.
NW Crisis & Information Hotline 503-581-5535 Salem House of Prayer 503-589-9176
Dallas Community Resource Center 503-623-9664

Marion County Meals

Polk County Meals

Keizer Community Dinner
@ St. Edward's Catholic Church
5303 River Rd N, Keizer
4th Wednesday, 5 - 7 p.m.

Dallas, James 2 Community Kitchen @ Dallas United Methodist Church
565 LaCreole Dr, Dallas
Thursday 4:30 - 6 p.m.

SE Neighborhood Community Center @ Capital Park Wesleyan Church
410 19th ST SE
1st and 3rd Wednesday 5:30 p.m.
2nd and 4th Wednesday 5 p.m.

Dallas, James 2 Community Kitchen @ Dallas Alliance Church
775 E Ellendale Ave, Dallas
Tuesday 4:30 - 6 p.m.

Silverton, First Christian Church
402 N First St, Silverton
Wednesday 5 - 7 p.m.

Falls City, James 2 Community Kitchen @ Falls City United Methodist Church
257 Main St, Falls City
2nd, 3rd and 4th Tuesday 4:30 - 6 p.m.

South Salem Friends Church
1140 Baxter Rd SE
Tuesday 5:30 - 7:00 p.m.



To access this document and view a map of our sites, visit us at www.marionpolkfoodshare.org/get-help

Woodburn Seventh Day Adventist Church
782 Willow Ave, Woodburn
Saturday noon - 3 p.m.

Meals on Wheels of Salem - Keizer

- ◆ Requirements for home delivered meals: 50 or older, homebound, or disabled
- ◆ Delivery is Monday thru Friday between 11:30am - 1:00pm
- ◆ Multiple options available to pay for meals, including assistance programs
- ◆ For questions or to sign-up call 503-364-2856

For Meals on Wheels outside of Salem - Keizer, please call 1-800-469-8772

In a tight spot and struggle to put food on the table? SNAP Benefits could be your answer. Contact your local DHS office.



Have you had to choose between buying food, paying bills, or getting medication? Call 2-1-1 or visit www.211info.org for information on signing up for SNAP (formerly called Food Stamps), WIC (Women Infants and Children), and many other types of help for Emergency Needs, Health Concerns, Food, Housing, and Other Resources.



MARION POLK FOOD SHARE
1660 SALEM INDUSTRIAL DRIVE NE
SALEM, OR 97301

Food Assistance Guide for Marion & Polk Counties

A list of food pantries and meal sites

Meals & Programs for Homeless Individuals

City Vibe Meal
@ West Salem United Methodist Church
1219 3rd St NW
Friday 6 - 7:30 p.m.

ARCHES - Meals, Services
615 Commercial St NE
503-399-9080
Daycenter Hours: Monday thru Friday 8:15 a.m - 3 p.m.
Lunch served daily at 11 a.m.

Union Gospel Mission - Meals, Services
345 Commercial St NE
503-362-3983
Breakfast: 6:30 a.m.; Lunch: 12 p.m.; Dinner: 5:30 p.m.
Open all days

HOAP - Meals, Services
694 Church St NE,
503-588-5827
Daycenter Hours: Monday thru Friday 9 a.m. - 2 p.m.
Breakfast: 9:00 a.m; Lunch: 12 p.m.

HOST - Meals, Services for Ages 18-24
1143 Liberty St NE
503.588.5825 or 503.361.0380
Daycenter Hours: Monday thru Friday 9 a.m. - 2 p.m.

HOME Youth & Resource Center - Meals, Services for Ages 11-17
625 Union St NE,
503-391-6428
Daycenter Hours: Monday thru Friday 12 - 7 p.m.

Marion Polk Food Share is an equal opportunity provider

If you go to a pantry to get food, please keep these things in mind:

Do you qualify for food?

You are eligible for a food box if you meet the income guidelines shown below or if you currently receive: SNAP, WIC, TANF (Temporary Assistance for Needy Families), Free & Reduced Lunch Program, SSDI (Social Security Disability Income), SSI (Supplemental Security Income), and LIHEAP (Low Income Home Energy Assistance Program).

USDA Commodity Income Eligibility Guidelines 2019 (to be eligible to receive a food box)

Household Size	Monthly	Annual
1	\$ 1,926	\$23,107
2	\$ 2,607	\$31,284
3	\$ 3,289	\$39,461
4	\$ 3,970	\$47,638
5	\$ 4,652	\$55,815
6	\$ 5,333	\$63,992
7	\$ 6,015	\$72,169
8	\$ 6,696	\$80,346

What should you bring to a food pantry?

You do not need to bring anything but yourself to a

pantry. You do not need to bring any form of ID or proof of income, address, or citizenship to receive services.

What does a food pantry collect from you?

A food pantry only has to collect your name, address, and number of people in your household. Any additional info is optional, but not required to get food. Some of our pantries participate in a program called Link2Feed, a database used for a more in-depth intake process, but providing this additional information is completely optional for clients.

How often can I get food?

Each pantry is different, but some pantries request that you come for food only one time per month. Ask a pantry what their policy is.

What and how much do you get in a food box?

Typically you will receive a variety of fresh produce, dairy, protein and shelf-stable products. Food items vary each month and generally supply a minimum of 3-5 days worth of food.

Questions or concerns? Please call Marion Polk Food Share at 503-581-3855 and ask for Agency Relations.