

Center 50+ April 2020 Dining Menu

MARION POLK FOOD SHARE

MEALS ON WHEELS



Lunches with the ticket program are not to be taken to go; program funding requires they be eaten in-house. Program tickets for May will be available starting April 28th



Weeks	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 April 1-3			Asian Slaw Chicken Stir-Fry Brown Rice Sugar Snap Peas Oranges Fortune Cookie	Corn & Tomato Salad Sloppy Joes Tater Tots Peas & Carrots Hamburger Bun Mixed Fruit	Potato Salad BBQ Chicken Baked Beans Broccoli Dinner Roll Apple Berry Crisp
Week 2 April 6-10	Broccoli Kale Salad Chicken Parmesan Egg Noodles Green Beans Rosemary Bread Pears	Mexi-Slaw Chicken Enchiladas Broccoli Chips & Salsa Pudding Pie	Caesar Salad Spaghetti W/Meat Sauce Italian Veg Sourdough Bread Grapes	Beet Salad Herb Roasted Chicken Brown Rice Peas & Carrots Dinner Roll Brownie	Coleslaw Baked Fish or Chicken Tater Tots Brussel Sprouts Dinner Roll Jell-O
Week 3 April 13-17	Three Bean Salad Cheese Ravioli Italian Veg Sourdough Bread Pudding	Spring Green Mix Chicken Salad Carrots Cucumbers Tomatoes Dinner Roll Pears	Carrot Raisin Salad Swedish Meatballs Egg Noodles Broccoli Dinner Roll Mixed Fruit	Asian Slaw Chicken Stir-Fry Brown Rice Sugar Snap Peas Oranges Fortune Cookie	Peas & Cheese Salmon Cake or Chicken Rice Pilaf Brussel Sprouts Dinner Roll Birthday Cake
Week 4 April 20-24	Kale Broccoli Salad Chicken Casserole Italian Veg Rosemary Bread Pudding	Potato Salad BBQ Chicken Baked Beans Peas & Carrots Dinner Roll Pears	Asian Slaw Teriyaki Chicken Brown Rice Sugar Snap Peas Oranges Fortune Cookie	House Salad Salisbury Steak Mashed Potatoes Green Beans Dinner Roll Brownie	Coleslaw Cajun Catfish or Chicken Dirty Rice Peas and Carrots Dinner Roll Pudding Pie
Week 5 April 27-30	Confetti Salad Cheese Tortellini Italian Veg Sour Dough Bread Pears	Mexi-Slaw Chicken Enchiladas Broccoli Chips & Salsa Angel Food Cake	Beet Salad Chile Con Carne Brown Rice Broccoli Cornbread Mixed Fruit	Peas & Cheese Herb Roasted Chicken Brown Rice Peas & Carrots Dinner Roll Table Grapes	

Meals on Wheels Office 503-364-2856