

# South Salem Senior Center April 2020

MARION POLK FOOD SHARE

**MEALS ON WHEELS**



Weeks	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> April 1-3	<b>PLEASE JOIN US FOR LUNCH</b>  <b>Monday—Friday</b> 11:30 —12:30		Asian Slaw Chicken Stir-Fry Brown Rice Sugar Snap Peas Oranges Fortune Cookie	Corn & Tomato Salad Sloppy Joes, Tots Peas & Carrots Hamburger Bun Mixed Fruit	Potato Salad BBQ Chicken Baked Beans Broccoli Dinner Roll Apple Berry Crisp
<b>Week 2</b> April 6-10	Broccoli Kale Salad Chicken Parmesan Egg Noodles Green Beans Rosemary Bread Pears	Mexi-Slaw Chicken Enchiladas Broccoli Chips & Salsa Pudding Pie	Caesar Salad Spaghetti W/Meat Sauce Italian Veg Sourdough Bread Grapes	Beet Salad Herb Roasted Chicken Brown Rice Peas & Carrots Roll, Brownie Brownie	Coleslaw Baked Fish or Chicken Tater Tots Brussel Sprouts Dinner Roll, Jell-O Jell-O
<b>Week 3</b> April 13-17	Three Bean Salad Cheese Ravioli Italian Veg Sourdough Bread Pudding	Spring Green Mix Chicken Salad Carrots Cucumbers Tomatoes Dinner Roll, Pears Pears	Carrot Raisin Salad Swedish Meatballs Egg Noodles Broccoli Dinner Roll Mixed Fruit	Asian Slaw Chicken Stir-Fry Brown Rice Sugar Snap Peas Oranges Fortune Cookie	Peas & Cheese Salmon Cake or Chicken Rice Pilaf Brussel Sprouts Dinner Roll, Cake Birthday Cake
<b>Week 4</b> April 20-24	Kale Broccoli Salad Chicken Casserole Italian Veg Rosemary Bread Pudding	Potato Salad BBQ Chicken Baked Beans Peas & Carrots Dinner Roll Pears	Asian Slaw Teriyaki Chicken Brown Rice Sugar Snap Peas Oranges Fortune Cookie	House Salad Salisbury Steak Mashed Potatoes Green Beans Dinner Roll Brownie	Coleslaw Cajun Catfish or Chicken, Dirty Rice Peas and Carrots Dinner Roll Pudding Pie
<b>Week 5</b> April 27-30	Confetti Salad Cheese Tortellini Italian Veg Sour Dough Bread Pears	Mexi-Slaw Chicken Enchiladas Broccoli Chips & Salsa Angel Food Cake	Beet Salad Chile Con Carne Brown Rice Broccoli Cornbread Mixed Fruit	Peas & Cheese Herb Roasted Chicken Brown Rice Peas & Carrots Dinner Roll Table Grapes	

Meals on Wheels Office 503-364-2856